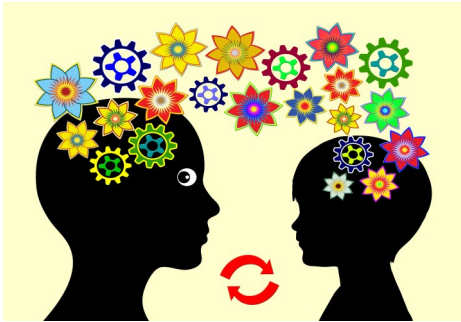


Trauma Informed Nonviolent

Parenting Class Series

April 23rd—June 25th Thursdays 6-8pm



Learn about a philosophy and practice of parenting based on the latest research about brain and child development that promotes life-long connections and learning.

“Nonviolence” is an all-encompassing perspective. It includes our thoughts, feelings, words and actions. Violence is anything that hurts the heart, mind, body or spirit of a child.

Registration is limited to 8 participants.

Childcare is not provided.

Class location: 1125 SE Madison#103B Portland

Class Cost: One time reduced rate; \$50 for the 10 class series.

To register email; info@iheartconnection.com

OR call 503-765-6598

- Learn how to take care of yourself
- Learn to accept your child's feelings
- Keep limits clear and simple
- Solve problems with your child
- Choose a way to calm yourself
- Learn about your child's behavior

This program utilizes the Echo Parenting and Education Nonviolent Parenting Curriculum.

This class is a practicum for an Instructor Certification.

